Whom do you ask?

A RESOURCE DIRECTORY FOR YELLOWSTONE COUNTY SENIORS, THEIR FAMILIES AND CAREGIVERS

2021

Funded by
Yellowstone County Senior Mill Levy
The Adult Resource Alliance offers information, referrals and services for seniors, their families and caregivers, including:

- **Nutrition Program**
  - Meals on Wheels Program
  - Senior Dinner Program

- **Senior Information and Assistance Services**
  - The Resource Center
  - Caregiver Support Program
  - *Senior News*
  - *Whom Do You Ask* Resource Directory
  - SMP Program (Medicare Fraud)

- **Alliance Volunteer Program**

- **Transportation Services**
  - Billings
    - RIDES (non medical)
    - Medical rides (non-emergency)
    - Meal Site Rides
  - Rural
    - Laurel Transportation Program
    - Custer/Eastern Yellowstone County Transportation Program

- **Social Opportunities**
  - Senior Centers
  - Trips

- **Housing**
  - Minor Home Repair Program
  - Fair Housing Information

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The Adult Resource Alliance provides this information for reference purposes only.

We are not directly affiliated or endorsing any individual or organization.
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General Information

- **AARP National Headquarters**
  601 E. Street NW, Washington, DC 20049
  (888) 687.2277
  Website: aarp.org

- **American Red Cross of Montana**
  (800) 272.6668

- **Disabled American Veterans National Headquarters (DAV)**
  (877) 426.2838

- **Eldercare Locator**
  (can put you in touch with your Area Agency on Aging)
  (800) 677.1116

- **Food Stamp Hotline**
  (800) 332.2272

- **Internal Revenue Service (IRS)**
  (800) 829.1040
  Billings office
  (406) 247.7446
  24-hour refund information hotline
  (800) 829.4477
  For questions about taxes
  Website: www.irs.gov

- **Landlord/Tenant Issues**
  (406) 291.1121

- **Medicare Part A & Part B**
  (for hospital care and skilled nursing care)
  (800) 633.4227

- **Medicare Railroad**
  (800) 833.4455

- **Montana Center on Disabilities**
  (406) 657.2312

- **National “DO NOT CALL” Registry**
  (888) 382.1222
  Register phone numbers to keep solicitors from calling
  Website: www.donotcall.gov

- **Social Security**
  (800) 772.1213 or Local: (866) 895.1795
  For questions on Medicare eligibility and Medicare cards
  Website: www.ssa.gov
  2900 4th Ave. N., Rm. 304, Billings 59101 (M-F: 9am-4pm)
  Local Fax: (406) 247.7274

- **Stop Junk Mail - Direct Marketing Associates**
  Box 9008, Farmington, NY 11735-9008

- **U.S. Department of Veterans Affairs**
  (800) 827.1000
  Website: www.va.gov
State Information

• **AARP- Montana Office** (Helena)  
  30 West 14th Street, Suite 301, Helena, MT 59601  
  Website: aarp.org

• **American Cancer Society**  
  1903 Central Ave., Billings 59101  
  Website: www.cancer.org

• **Alzheimer’s Association - Montana Chapter**  
  3010 11th Ave. N., Billings 59101  
  Website: www.alz-mt.org

• **Better Business Bureau**  
  (509) 455.4200

• **Big Sky Rx**  
  (406) 444.1861 / Fax (406) 444.3846  
  (866) 369.1233

• **Blind and Low Vision Services**  
  2121 Rosebud Drive, Suite C  
  Cindy Dye  
  Stacy Listo  
  (406) 655.7650

• **24 Hour Helpline for Montana for Respite Care**  
  (877) 252.3053

• **Certification Bureau**  
  (406) 444.2009
  Questions/concerns regarding home-help agencies and nursing homes.

• **Citizens Advocate - Governor’s Office** (Helena)  
  (800) 332.2272
  Ask for Office on Aging—assistance or information including statewide resources

• **Department of Public Health and Human Services**  
  Addictive and Mental Disorders Division / Local Advisory Councils (LAC)  
  Fax: (406) 652.1895  
  2121 Rosebud Drive, Suite D17, Billings 59102  
  Disability Service Division (Vocational Rehab)  
  (406) 248-4801

• **Disabled American Veterans (DAV)**  
  VA Montana Health Care System & Regional Office  
  1892 Williams St., Bldg. 141, Rm. 109  
  PO Box 189, Fort Harrison, MT 59363-0189  
  Fax: (406) 442.3490

• **Energy Share of Montana**  
  (HRDC District VII)  
  (406) 248.1477  
  (406) 433.1411
State Information continued…

- **Medicaid Questions Line (+ MSP & SNAP)** - (888) 706.1535
- **Medicaid Waiver Questions** - (800) 219.7035
  Spectrum - (406) 245.1014

- **Montana Department of Public Health & Human Services (Aging Office)** - (406) 655.7652

- **Montana Department of Revenue** - (406) 896.4000 or 896.4013
  Wells Fargo Bldg., 175 N. 27th St., Suite 1400
  Provides guidance on your income tax return and answers tax related questions.

- **Montana Kinship Navigator Program** - (833) 445.3395
  Grandparents Raising Grandchildren - Bozeman office (406) 994.3395
  Email: grg@montana.edu

- **Montana Representative (Matt Rosendale)** - Washington, DC (202) 225.3211
  7 West 6th Ave, Ste 3B, Helena 59601 - (406) 502.1435

- **Montana Senior Olympics** - (406) 586.5543
  Kay Newman, 2200 Bridger Dr., Bozeman, MT 59715
  National Website: nsga.com

- **Montana Senior Citizens Association** - (800) 553.5341
  P.O. Box 423, Helena, MT 59624
  Website: montanaseniorcitizens.org

- **Montana State Attorney General** - (406) 444.2026
  215 N. Sanders St., P.O. Box 201401, Helena, MT 59624
  Email: contactdoj@mt.gov
  Website: doj.mt.gov

- **Montana State Refund Hotline** - (Automated) - (406) 444.4980
  For personal questions regarding refunds call - (406) 896.4014

- **Montana Telecommunication Access Program** - (800) 833.8503 or (406) 444.1335
  111 N. Last Chance Gulch, Suite 2B, Helena, MT 59601

- **Montana Veterans Affairs Division** - (406) 248.8579 or (406) 324.3000 or (406) 324.3740
  P.O. Box 4789, Fort Harrison, MT 59636 - Website: dma.mt.gov/mvad
State Information continued…

- **Mountain Pacific Quality Health Foundation**  ------------------------------- (800) 497.8232
  Call if you have a complaint about the quality of care you receive from your
  physician, hospital, nursing home or medical health plan.

- **Nurse First Advice Line** (questions from Medicaid consumers) ------------------ (800) 330.7847

- **Regional Ombudsman for Area II** ---------------------------------------- (406) 860.9993
  Karen Urlickson, Regional Ombudsman - KarenUrlickson@gmail.com - Fax: (406) 323.3859

- **Senator Jon Tester** -------------------------------------------------------- (406) 252.0550
  2900 4th Avenue N., Billings 59101 Website: http://tester.senate.gov

- **Senator Steve Daines** ------------------------------------------------------- (406) 245.6822
  30 West 14th Street Suite 206, Helena 59601 Website: www.stevedaines.com
  222 N. 32nd St., Ste 100, Billings, MT 59101

- **State Insurance Commissioner**  - (800) 332.6148 or (406) 444.2040 - TDD: (406) 444-3246
  840 Helena Ave., Helena 59601 Website: csimt.gov

- **State Health Insurance Counseling Program (SHIP)** ----------------------- (800) 551.3191
  State Office on Aging, 111 N. Sanders Street, Helena 59604
  SHIP volunteers can assist with Medicaid/Supplemental Insurance questions

- **State Nursing Home Ombudsman** (Helena) ------------------------------------ (800) 332.2272
  Assists with concerns of nursing home residents

- **State Long-Term Care Ombudsman** ------------------------------------------- (800) 332.2272
  111 N. Sanders Street, P.O. Box 4210, Helena 59604

- **State Office on Aging** (Dept. of Public Health & Human Services)---------- (406) 444.5622
  Website: http://www.dphhs.mt.gov
Regional Information

- **Telemarketing Fraud Unit**  
  (406) 444.9405

- **Aging Services Help Line**  
  (800) 551.3191

- **Montana Area Agencies on Aging Association** (Helena)  
  (800) 332.2272  
  Website: www.dphhs.state.mt.us/site

- **Senior Centers/Groups for Carbon, Stillwater and Golden Valley Counties**

  **CARBON COUNTY**
  - Fromberg Valley Senior Citizens  
    (406) 668.7613  
    Box 88  
    Fromberg, MT 59029
  - Joliet XYZ’ers  
    (406) 962.3458  
    Box 354  
    Joliet, MT 59041
  - Red Lodge Senior Citizens  
    (406) 446.1826  
    Box 1293  
    Red Lodge, MT 59068

  **STILLWATER COUNTY**
  - Columbus Senior Citizens  
    (406) 322.8605  
    Box 655  
    Columbus, MT 59019
  - Stillwater Senior Citizens  
    (406) 328.4869  
    Box 92  
    Absarokee, MT 59001

  **GOLDEN VALLEY COUNTY**
  - Golden Valley Senior Citizens  
    (406) 568.2335  
    Box 299  
    Ryegate, MT 59074
  - Lavina Senior Citizens  
    (406) 636.2482  
    Box 123  
    Lavina, MT 59046

- **Scams and Frauds**

  REPORT SCAMS TO:
  - YOUR Bank
  - Montana Office of Consumer Protection  
    (800) 481.6896
  - IRS Scams  
    (800) 366.4484
  - Social Security Scams  
    (800) 269.0271
  - Medicare Scams  
    (800) 633.4227 or (800) 551.3191
  - Medicaid Provider Fraud  
    (800) 376.1115
  - Medicaid Client Fraud  
    (800) 201.6308
  - Adult Protective Services  
    (406) 277.9300
Area Agencies on Aging

• AREA I
  Glendive
  2030 N. Merrill, P.O. Box 1309
  Glendive, MT 59330
  (406) 377.3564  Fax: (406) 377.3570
  E-mail: h.handranl@aemt.org
  Miles City
  1010 Main Suite 12, Miles City, MT 59301
  (406) 874.3482  Fax: (406) 874.8160

  Counties Served
  Carter, Custer, Daniels, Fallon, Garfield, McCon, Phillips, Powder River, Prairie, Richland, Roosevelt, Rosebud, Sheridan, Treasure, Valley, Wibaux

• AREA II
  Roundup
  1502 4th Street West, P.O. Box 127
  Roundup, MT 59072
  (406) 323.1320
  Fax: (406) 323.3859
  E-mail: areatwo@midrivers.com
  Red Lodge/Joliet
  Susan Lewis (406) 962.3800
  Big Timber - (406) 932.5455
  Lewistown - (406) 535.7486

  Counties Served
  Big Horn, Carbon, Fergus, Golden Valley, Judith Basin, Musselshell, Petroleum, Stillwater, Sweet Grass, Wheatland, Yellowstone

• AREA III
  Conrad
  311 Virginia St., Conrad, MT 59425
  (406) 271.7553  Fax: (406) 271.2769
  E-mail: ncaaafin@3rivers.net

  Counties Served
  Blaine, Chouteau, Glacier, Liberty, Pondera, Teton, Toole

• AREA IV
  Helena
  PO Box 1717, 648 Jackson St.
  Helena, MT 59624
  (406) 447.1680
  Fax: (406) 447.1629
  E-mail: jmarks@rmdc.net
  Bozeman - (SHIP)
  807 Tracy Ave
  Bozeman, MT 59715
  (406) 587.5444
  Livingston - (SHIP)
  111 S. 2nd
  Livingston, MT 59047
  (406) 333.2537

  Counties Served
  Broadwater, Gallatin, Jefferson, Lewis & Clark, Meagher, Park
Area Agencies on Aging

- AREA V
  Butte
  2103 Harrison Ave., P.O. Box 459
  Butte, MT 59703
  (406) 782.5555    Fax: (406) 782.5662
  E-mail: jgilboy@swmads.org

  Counties Served
  Beaverhead, Deer Lodge, Granite, Madison, Powell, Silver Bow

- AREA VI
  Polson
  110 Main Street, Suite #5
  Polson, MT 59703
  (406) 883.7284    Fax: (406) 883.7363
  E-mail: aging6@area6aging.org

  Counties Served
  Lake, Lincoln, Mineral
  Sanders, Salish, Kootenai

- AREA VIII
  Great Falls
  1801 Benefis Court
  Great Falls, MT 59405
  (406) 454.6990    Fax: (406) 454.6991
  E-mail: blangan@cascadecounty.mt.gov

  Counties Served
  Cascade

- AREA IX
  Kalispell
  160 Kelly Road
  Kalispell, MT 59901
  (406) 758.5730    Fax: (406) 758.5732
  E-mail: lsheppard@flathead.mt.gov

  Counties Served
  Flathead

- AREA X
  Havre
  2 W. Second Street
  Havre, MT 59501
  (406) 265.5464    Fax: (406) 265.3611
  E-mail: directorareax@havremt.net

  Counties Served
  Hill

- AREA XI
  Missoula
  337 Stephens Ave., Missoula, MT 59801
  (406) 728.7682
  Fax: (406) 728.7687
  E-mail: skohler@missoulaagingservices.org

  Counties Served
  Missoula, Ravalli
Yellowstone County Information

• **Adult Resource Alliance of Yellowstone County**  -------------------------- (406) 259.9666
  Info@AllianceYC.org

• **Adult Protective Services**  ---------------------------------------------------- (844) 277.9300
  935 Lake Elmo Ste C, Billings 59105

• **Big Sky Senior Services**  ------------------------------------------------------ (406) 259.3111
  935 Lake Elmo Ste B, Billings 59105
  Friends Program, Senior Helping Hands, Prevention of Elder Abuse — see below.

• **Community Crisis Center**  ----------------------------------------------------- (406) 259.8800
  704 N 30th Street, Billings 59101
  Counseling, Overnite Bed, Assessment

• **Home Front of Billings** (formerly Billings Housing Authority)  ----------------- (406) 245.6391
  2415 - 1st Ave. N., Billings, 59101 — Section 8 public housing
  Senior Housing Division  -------------------------------------------------------------- (406) 248-4111

• **Human Resources Development Council (HRDC)**  -------------------------------- (406) 248.1477
  Budgeting Program / Financial Program  Website: hrdc7.org  Fax: (406) 247.4791

• **Legal Aid Service**  ------------------------------------------------------------- (406) 869.3531
  216 N. 29th St, Billings, MT 59101

• **Lincoln Center Adult Education**  ----------------------------------------------- (406) 247.3710
  415 30th St., Billings, MT 59101

• **Low Income Energy Assistance Program (LIEAP)**-- (406) 247.4732 or (800) 433.1411
  P.O. Box 423, Helena, MT 59624
  Helps pay winter heating costs

• **Montana Association for the Blind** (Jeff Hayworth)  ---------------------------- (406) 794.5057

• **Montana Driver’s License Bureau**  --------------------------------------------- (406) 896.4326
  615B S. 27th St., Billings 59101

• **Older Blind Program**  ---------------------------------------------------------- (406) 248.4801 or (888) 279.7532
  2121 Rosebud Dr., Ste. C-1, Billings 59102
  Provides services for older visually impaired or blind individuals
Yellowstone County Information continued…

- **Prevention of Elder Abuse** (Big Sky Senior Services)------------------------ (406) 896.9696  
P.O. Box 1153, Billings 59103  
Representative Payee Program

- **Tax Property Assistance/Low Income** --------------------------------------- (406) 896.4000

- **USDA Rural Development** ------------------------------------------------- (406) 657.6297, ext. 4  
  Home improvement loans/grants for repairs  
  Fax: (406) 655.6294

- **Veterans Administration Clinic** ------------------------------------------- (406) 373.3500  
  1775 Spring Creek Ln., 59102

- **Vet Center** -------------------------------------------------------------- (406) 657.6071
  **Readjustment Counseling Center** ------------------------------------------ (406) 657.6071
  **Montana Veteran Affairs for Benefit** -------------------------------------- (406) 248.8579  
  2795 Enterprise Ave., Billings 59102

- **Widowed Person Service** ------------------------------------------------- (406) 657.3050  
  Meets at Billings Community Center the 1st Friday of each month, call for information

- **Yellowstone County** ------------------------------------------------------- (406) 256.2801  
  Fax: (406) 254.7928

- **Yellowstone County Voters Registration** ------------------------------------ (406) 256.2740

- **Yellowstone County Office of Public Assistance (OPI)** ---------------------- (406) 237.0520  
  111 N. 31st St., Billings 59101  
  Fax: (406) 237.0572  
  General and emergency assistance, SNAP, Medicaid applications,  
  Qualified Medicare Beneficiary and Specified Low Income Medicare Beneficiary.

- **Yellowstone County Ombudsman** ------------------------------------------- (406) 860.9993 or (406) 323.3859

- **Yellowstone County Treasurer** -------------------------------------------- (406) 256.2833

- **YWCA** --------------------------------------------------------------------- (406) 252.6303  
  909 Wyoming Avenue, Billings 59101
Food and Clothing

- **Billings Food Bank** — (406) 259.2856
  2112 4th Ave. N., Billings 59101

- **Community Hope** — (406) 628.7281
  204 Cedar Ave., Laurel 59044

- **Family Service, Inc.** (Commodities) — (406) 259.2269
  3927 1st Ave. S., Billings 59101
  Fax: (406) 259.7940

- **Montana Rescue Mission Bargain Stores** —
  21 S. 29th St., Billings 59101 — (406) 248.6161
  1233 – 24th St. W., Billings 59102 — (406) 652.7340
  Administration Office, 2902 Minnesota, Billings 59101 — (406) 259.6079

- **St. Vincent de Paul Thrift Charity Office** — (406) 248.1855
  3005 1st Ave. S., Billings, 59101

- **Salvation Army** (Vouchers, Food & Clothing, Immediate Help)
  2100 – 6th Ave. N., Billings 59101 — (406) 248.4659
  Thrift Store, 10 S. 30th St., Billings 59101 — (406) 245-5508

Home Repairs

- **City of Billings Community Development Housing Rehabilitation**
  Housing Rehabilitation — (406) 657.8284
  Fax: (406) 294.7596

- **Alliance Minor Home Repair Program** (income guidelines) — (406) 259.5212

- **HRDC Weatherization Program** (LIEAP clients only; county) — (406) 248.1477

- **Low Income Energy Assistance Program** (LIEAP) — (406) 247.4732

- **Snow Buddies** (snow removal - sidewalks only) — (406) 237.6146

- **USDA Rural Development** — (406) 657.6297, ext. 4
  Home improvement loan/grant for repairs
  Fax: 655.6294

- **Rebuilding Together** — (406) 670.9100
Estate Sales

• **Caring Transitions**  (406) 545.2500
  Senior Relocation, Downsizing, Estate Sales

• **Seniors in Transition**  (406) 656.7660
  2141 S. 54th St. W., Billings 59106
  Services: Moving arrangements, free need assessments, complete property & home assessment, liquidation of property

• **Transition With Care**  (406) 534.1310
  Senior Move Specialist

Durable Medical Equipment and Oxygen

• **American Seating and Mobility**  (406) 651.0055
  454 Moore Lane, Suite 3, Billings 59101

• **Apria Healthcare**  (406) 245.7050
  2110 Overland Ave. #129, Billings 59102

• **Billings Clinic Home Oxygen**  (406) 657.4999
  801 N. 27th St., Billings 59101

• **Community Home Oxygen, Inc.**  (406) 245.9792
  2030 4th Ave. N., Billings 59101

• **Concordance Health Care Solutions**  (406) 252.9309 or (866) 999.4650
  1535 Industrial Ave., Billings 59101

• **Daisy Incontinence Supply**  (406) 839.4793
  710 Black Hawk, Unit F2, Billings 59106

• **Discreet Solutions**  (406) 534.1439
  Incontinence Supplies
  Fax: (406) 534.2905
Durable Medical Equipment and Oxygen continued…

- **Easter Seals / Goodwill**  
  1537 Avenue D, #111, Billings 59102  
  (406) 252.9600

- **HCL Equipment, Inc.**  
  233 Orchard Ln., Billings, MT 59101  
  (406) 252.5154

- **Juro’s United Drug**  
  1043 Grand Ave., Billings 59102  
  Fax: (406) 869.0134  
  Pharmacy: (406) 869.0100
  (406) 869.0123

- **Lincare, Inc.**  
  2751 Enterprise Avenue, Suite 4, Billings 59102  
  (406) 652.0771

- **Pharmacy One**  
  2900 12th Ave. N., Billings 59101  
  (406) 245.6717

- **Rocky Mountain Medical**  
  (406) 294.0794

- **St. Vincent Healthcare Medical Supply & Mobility**  
  1101 N. 27th St. Suite A, Billings 59101  
  (406) 237.8900

- **Western Medical Pharmacy**  
  2900 12th Ave. N., Billings 59101  
  (406) 238.6090

Employment Services

- **Easter Seals / Goodwill** (over 55)  
  (406) 493.2805

- **Foster Grandparents** (for low-income seniors)  
  (406) 237.3485  
  2900 12th Ave. N., Billings 59101

- **Job Service of Montana**  
  2121 Rosebud Dr. Ste. B, Billings 59102  
  Website: https://montanaworks.gov/job-service-montana  
  (406) 652.3080  
  (406) 652.3080
Financial Services

- **GreenPath Financial Counseling (Great Falls)**
  (800) 550.1961

- **Rural Dynamics (Great Falls)**
  (877) 202.7456
  Family service rent, utilities, deposits, food, vision, advocacy

- **Elderly Home Owner/Renter Credit/Dept. of Revenue**
  (406) 444.6900

- **Home Center Budgeting (HRDC)**
  (406) 206.2717

- **Montana Veterans Affairs Division**
  (406) 324.3740
  http://montanadma.org/montana-veterans-affairs

- **Personal Financial Care, LLC**
  (406) 252.9128
  Dawn Larimer
dawn@personalfinancialcaremt.com

- **Rural Development**
  (406) 657.6297
  1400 S. 24th St. W., Ste D., Billings 59102

- **Tax Property Assistance/Low Income**
  (406) 896.4000

- **Veterans Benefits/Federal Dept. of Veterans Affairs**
  (800) 827.1000
  Ft. Harrison, Helena, MT 59636

- **Yellowstone County Office of Public Assistance**
  (406) 237.0520
  111 N. 31st St., 59101
  General and emergency assistance, SNAP, Medicaid applications, Qualified Medicare Beneficiary and Specified Low Income Medicare Beneficiary

Hospice Services

- **Compassus (Formerly Rocky Mountain Hospice)**
  (406) 400.9920
  2110 Overland Ave., Ste 111, Billings 59102

- **RiverStone Hospice (Formerly Big Sky Hospice)**
  (406) 651.6500
  123 S. 27th St., Billings 59101

- **St. John’s United Hospice**
  (406) 655.5600
  3940 Rimrock Rd., Billings 59102
In Home Services

- **A Plus Health Care** ---------------------------------------------------------- (406) 245.6356
  926 Main Street, Suite 16, Billings 59105

- **Area II Agency on Aging Case Management** --------------------------------- (800) 551.3191

- **Billings Clinic Lifeline** ---------------------------------------------------- (406) 657.4433

- **Billings Synergy Homecare** (available 24 hours)----------------------------- (406) 839.2390
  513 Hilltop Rd. Ste 3, Billings 59105
  mt01synergyhomecare.com

- **Circle of Life – Soaring Eagles Home Care** ------------------------------------ (406) 665.4042
  222 N. Center Ave., Hardin 59034

- **Community First Choice Personal Assistance Program** ------------------------ (406) 655.7644
  Must be on Medicaid and meet requirements

- **Companion Care** ------------------------------------------------------------- (406) 248.1559 or cell (406) 696.2247

- **Compassus Premier Care** (formerly Montana Premier Care)--------------------- (406) 294.0787
  2110 Overland Ave., Suite 114, Billings 59102
  (406) 652.8883

- **Consumer Direct Personal Care** --------------------------------------------- (406) 256.7875
  100 Brookshire Blvd., Bldg 1, Unit 2, Billings 59102

- **Home Care Services** --------------------------------------------------------- (406) 248.4358
  1220 Avenue C, Suite A, Billings 59102

- **Home and Community Based Services/Spectrum** (Medicaid waiver) - (406) 245.1014
  315 N. 24th St., Billings, 59101

- **Home Helpers** --------------------------------------------------------------- (406) 697.4954
  Cell (406) 697.7500
  1925 Grand Ave, Ste. 121, Billings 59102

- **LIFTT** (Living Independently for Today & Tomorrow) -------------------------- (406) 259.5181
  1201 Grand Avenue, Billings 59102

- **Lincare, Inc.** --------------------------------------------------------------- (406) 652.0771
  2751 Enterprise Ave., Ste. 4, Billings 59102
In Home Services continued…

- **North West Home Care, Inc.** — (406) 969.2846
  1645 Avenue D, Ste. H, Billings 59102
  Website: northwesthomecare.com

- **Nursing By The Way** — (406) 259.9200
  In Home Assistance and Transportation

- **Professional Nursing Personnel Pool** — (406) 200.4068
  821 N. 27th St., Ste. C-191, Billings 59101

- **Right At Home** (In Home Care and Assistance) — (406) 894.2400
  Laurie Gagnon 1645 Parkhill Drive, Suite 3, Billings 59102
  laurie@billingshomecare.com

- **RiverStone Home Health Care** — (406) 651.6500
  127 S. 27th St., Billings 59101

- **Compassus Health Care** (formerly Rocky Mountain Home Care) — (406) 652.8883
  2110 Overland Ave., Suite 114, Billings 59102

- **Senior Helping Hands** — (406) 259.3111
  935 Lake Elmo Dr., Billings 59105

- **Senior Wellness** Elders Living Life (elderly foot care) — (406) 860.4482
  Richard Werbelow 8455 Black Marlin Drive, Billings 59106

- **Snow Buddies** (snow removal - sidewalks only) — (406) 237.6146

- **St. John’s United Home Health & Hospice** — (406) 655.5808
  After hours: (406) 647.3582
  3940 Rimrock Road, Billings 59102

- **St. Vincent Healthcare Care Line** — (406) 237.3484

- **STEP** — (406) 248.2055 or (800) 820.4180
  644 Grand Ave., Suite 1, Billings 59101

- **Transition with Care** (Senior Moving Specialties) — (406) 534.1310
  Cari Piatkowski

- **Visiting Angels** — (406) 794.3313 or (800) 406.2997
  1211 Grand Ave., Suite 5, Billings 59102
Legal Services

• Billings City Attorney  (406) 657.8205
  210 N. 27th St., Billings 59101

• Legal Service Developer  (406) 444.7787 or (800) 332.2272
  Provides legal assistance to persons 60 & older — ask for Katy

• Montana Fair Housing  (Butte)  (406) 782.2573 or (800) 929.2611

• Montana Generational Justice  - John McCrae  (406) 449.2125

• Montana Legal Service  (800) 666.6899
  207 N. Broadway, Suite 430, Billings
  616 Helena Avenue, Suite 100, Helena 59601

• Self Help Law Center  (406) 896.3531
  216 N. 29th St., Billings 59101

• Yellowstone County Attorney  (406) 256.2830
  217 N. 27th St., Billings 59101
  Civil Division
  Criminal Division  (406) 256.2870

Equipment to Loan
Check also with The Resource Center and Senior Centers

• American Legion  (406) 656.1510
  1540 Broadwater Ave., Billings 59102
  Must be a Legion member - Call between 2pm and 6pm

• Blind and Low Vision Services  (406) 248.4801
  2121 Rosebud Dr. Suite C, Billings 59102

• Easter Seals/Goodwill Industries  (406) 656.4020
  951 S. 29th Street W., Billings 59102
  3 month loan on equipment

• Veterans of Foreign Wars, Post #6774  (406) 248.3148
Meals on Wheels Program

A noon meal, sponsored by the Adult Resources Alliance of Yellowstone County, is delivered by volunteers to homebound seniors Monday through Friday in Billings, Lockwood, Laurel and the Worden area. Home delivered meals are also available in Custer on a limited basis. Eligibility for meals on Wheels is determined on an individual basis. Call for information.

- **Billings & Worden area**  
  Billings/Lockwood - E-mail: Jaimec@allianceyc.org  
  Worden: (406) 967.6535

- **Laurel**  
  Senior Center - 720 S. 4th St., Laurel 59044

Medical Services

- **Advanced Care Hospital of Montana**  
  3528 Gabel Rd., Billings 59102

- **Billings Clinic**  
  Website: www.billingsclinic.org  
  2800 10th Avenue N., Billings 59101

  General Information  
  (406) 238.2500

  Billings Clinic Research Division  
  (406) 255.8470 or (800) 996.2663
  The Billings Clinic Research Division conducts drug trials for major pharmaceutical companies to help increase the health and fitness of individuals of all ages.

  Study recruitment  
  (406) 247.6489  
  E-mail: research@billingsclinic.org

  Geriatric Assessment Program and Clinic  
  (406) 238.5437
  The Geriatric Assessment Program and Clinic is a comprehensive evaluation of seniors and their individual situation to ensure the correct diagnosis and provide the best treatment plan.

  Healthline - 24 hours a day/7 days a week  
  (406) 238.5100

  Billings Clinic health information and health access  
  (800) 252.1246

  Lifeline  
  (406) 657.4433
  A personal response system in the home with 2-way emergency communications

  Medication Assistance Program (MAP)  
  (406) 238-5897
  MAP gets medications directly from the pharmaceutical company instead of the drug store. Clients need to bring proof of income such as a pay stub, tax return, or benefit statement and a list of prescriptions or bottles. Appointments may last 15 to 30 minutes.
  For appointment call: Billings Clinic (406) 238.5897

  Medication Recovery Program (MRP)  
  (406) 238.5896
  Assistance for low-income individuals with prescriptions
Medical Services continued…

- **Mental Health Center**
  1245 N. 29th St., Billings 59101
  24 Hour Emergency Services (800) 266.7198
  406) 252.5658

- **NAMI (National Alliance on Mental Illness)**
  3333 2nd Ave North, Ste 150, Billings 59101
  (406) 256.2001

- **RiverStone Health**
  123 S. 27th St., Billings 59101
  Website: www.ycchd.org/dc/
  Fax: (406) 247.3389
  406) 247.3200
  Montana Breast and Cervical Health Program, free mammograms and pap tests for qualified women age 50 through 64 who have no health insurance or insurance that will not pay for these tests each year and who meet income guidelines.

  CHAP Program
  Assistance for low-income individuals with prescriptions
  (406) 247.3294
  Fax: (406) 651.6417

- **St. Vincent Healthcare**
  1233 N. 30th St., Billings 59101
  406) 657.0000
  St. Vincent Healthcare patient room information
  (406) 237-3370

  Nurse Advisor 24/7
  (406) 657.8778 or (800) 762.8778

  Care Line
  (406) 237.3484
  Personal emergency response system in the home with two-way communication. Mobile (406) 855.6151

  St. Vincent Physician Network—North Shiloh
  2223 Mission Way, Billings 59102
  (406) 237.8989

  Foster Grandparent Program
  (406) 237.3485

  Geriatric Functional Assessments
  (406) 237.8890

  Medication Assistance Program (MAP)
  Billings (1223 N. 30th St. - contact Peggy Streeter)
  (406) 855.4939
  Laurel Medical Center (1035 1st Ave. - contact Peggy Streeter)
  (406) 855.4939
  MAP gets medications directly from the pharmaceutical company instead of the drug store.
  Clients need to bring proof of income such as a pay stub, tax return, or benefit statement and a list of prescriptions or bottles. Appointment times may last 15 to 30 minutes.

  Marketplace Insurance @ St. Vincent
  (406) 237.3216
  Financial Counselor
Respite Services
Contact The Resource Center at (406) 259.5212

- **Bear Lodge Assisted Living**
  659 Lincoln Lane, Billings 59102
  (406) 254.2851

- **Bella Terra Billings** (formerly Valley Health Care Center)
  1807 24th St. W., Billings 59102
  (406) 656.5010

- **Big Sky Senior Services – Senior Helping Hands**
  (406) 259.3111

- **Canyon Creek Memory Care Community**
  1785 Majestic Lane, Billings 59102
  (406) 281.8455

- **Compassus Hospice**
  2110 Overland Ave., Suite 111, Billings 59102
  (406) 294.0785

- **Eagle Cliff Health Care Community**
  1415 Yellowstone River Road, Billings 59105
  (406) 245.9330

- **Lasting Legacy Assisted Living**
  1630 Inverness Dr., Billings 59105
  1636 Inverness Dr., Billings 59105
  (406) 601.1070
  (406) 534.8770

- **Montana Lifespan Respite**
  (800) 224.6034
  List of area providers and voucher programs for respite care available www.respite.mt.gov

- **MorningStar Senior Living**
  4001 Bell Avenue, Billings 59106
  (406) 652.9303

- **Primrose II Personal Living**
  106 Erickson Ct. N., Billings 59105
  (406) 256.0168

- **RiverStone Hospice Services** (formerly Big Sky Hospice)
  123 South 27th Street, Billings 59101
  (406) 651.6500

- **The Springs at Grand Park** (formerly Vintage Suites)
  1221 28th St. W., Billings 59102
  (406) 652.6989

- **Tender Nest**
  4001 Parkhill Dr., Billings 59106
  (406) 655.9100

- **The Vista Assisted Living**
  3840 Rimrock Road, Billings 59102
  (406) 655.3500
Adult Day Care Services

- **Bear Lodge Assisted Living**
  659 Lincoln Lane, Billings 59102

- **Canyon Creek Memory Care Community**
  1785 Majestic Lane, Billings 59102

- **Eagle Cliff Manor**
  1415 Yellowstone River Road, Billings 59105

- **Edgewood Vista Senior Living, Inc.** (memory care only)
  1225 Wicks Lane, Billings 59105

- **Primrose Personal Care**
  1228 Maurine St., Billings 59105

- **Primrose II Personal Living**
  106 Erickson Ct. N., Billings 59105

- **Richardson Cottage Adult Day Care**
  602 Round House Dr., Laurel 59044

- **The Springs at Grand Park** (formerly Vintage Suites)
  1221 28th St. W., Billings 59102

Volunteer Opportunities

- **AVP** (Alliance Volunteer Program)
  1505 Ave. D., 59102
  Email: pmarkara@allianceyc.org

- **Big Sky Senior Services**

- **Billings Clinic / Hospital Volunteers**
  2800 10th Ave. N., Billings 59101

- **Compassus Hospice** (formerly Rocky Mountain Hospice)
  2110 Overland Ave., Suite 111, Billings 59102

- **Disabled American Veterans (DAV)**
  Volunteer Services
  Transportation Services
Volunteer Opportunities continued…

• **St. John’s United**
  3940 Rimrock Rd., Billings 59102
  (406) 655.5763

• **St. Vincent Hospital and Health Care Volunteer Services**
  1233 N. 30th St., 59101
  (406) 237.3377
Senior Centers and Congregate Meal Sites

A noon meal, sponsored by the Adult Resource Alliance of Yellowstone County through its Senior Dinner Program, is served to persons 60 and over and their spouses at the following senior centers and meal-sites. Meal reservations need to be made by noon at least one business day in advance. There is a $4 recommended donation for each meal.

In addition to a hot meal, a deli menu is also available at the Alliance meal site (1505 Avenue D, Billings) Monday through Friday. No reservation required. The Senior Dinner Program also offers education, activities and companionship.

<table>
<thead>
<tr>
<th>Senior Center/Meal Site</th>
<th>Address</th>
<th>Days Meals Are Served</th>
<th>Phone # for Reservation</th>
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<tbody>
<tr>
<td>Billings Community Center</td>
<td>360 N. 23rd Street Billings</td>
<td>Monday - Friday</td>
<td>(406) 259.9666 Comm. Center</td>
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<tr>
<td>Operated by the City of Billings</td>
<td></td>
<td></td>
<td>(406) 657.3050 Fax: (406) 657.3052</td>
</tr>
<tr>
<td>Broadview Senior Center</td>
<td>13725 5th Street Broadview</td>
<td>Thursdays</td>
<td>(406) 667.2121</td>
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<tr>
<td>Adult Resource Alliance Meal Site</td>
<td>1505 Avenue D Billings</td>
<td>Monday - Friday</td>
<td>(406) 259.9666</td>
</tr>
<tr>
<td></td>
<td></td>
<td>11:00 – 12:30</td>
<td></td>
</tr>
<tr>
<td>Heights Meal Site</td>
<td>935 Lake Elmo Dr. Billings</td>
<td>Monday – Friday</td>
<td>(406) 606-1170 Fax: (406) 281.8027</td>
</tr>
<tr>
<td>Huntley Meal Site</td>
<td>37 Minecha Avenue Sportsmen Club Huntley</td>
<td>1st and 3rd Thursdays Potluck</td>
<td>Reservation not needed. For information, call (406) 259.9666</td>
</tr>
<tr>
<td>Custer Senior Center</td>
<td>322 6th Street Custer</td>
<td>Mondays and Thursdays</td>
<td>(406) 856.4187</td>
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<tr>
<td>Laurel Senior Center</td>
<td>720 4th Street Laurel</td>
<td>Monday - Friday</td>
<td>(406) 628.7571</td>
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<tr>
<td>South Park Senior Center</td>
<td>901 S. 30th Street Billings</td>
<td>Monday - Friday</td>
<td>(406) 256.6413</td>
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<tr>
<td>Shepherd Meal Site</td>
<td>5625 Scandia Road Feedlot Steakhouse</td>
<td>Wednesdays</td>
<td>(406) 373.5363</td>
</tr>
<tr>
<td>Worden Senior Center</td>
<td>2445 Main Street VFW Hall</td>
<td>Fridays</td>
<td>(406) 967.6535</td>
</tr>
</tbody>
</table>
Transportation Services
Call The Resource Center at (406) 259.5212 for more transportation options

• Adult Resource Alliance of Yellowstone County----------------------------- (406) 294.1591
  (All Billings participants must be pre-certified by the Adult Resource Alliance)
  Billings RIDES Program (non-medical)
  Billings Medical Rides (non-emergency)
  Billings Meal Site Rides
  Laurel Transportation Program---------------------------------------------- (406) 628.4796 ext . #3
  Custer/Eastern Yellowstone County Transportation Program (twice a month) ------ (406) 861.4259

• Big Sky Senior Services----------------------------------------------------- (406) 259.3111
  Attended medical transportation to/from medical appointments (one-week notice required)

• City Cab------------------------------------------------------------------ (406) 252.8700

• Custer/Eastern County Transportation (see Adult Resource Alliance above)

• Disabled American Veterans----------------------------------------------- (406) 373.3690
  Transportation service for disabled veterans to/from medical appointments locally,
  Helena, and Sheridan, WY

• Indian Health Board Clinic----------------------------------------------- (406) 245.7372
  Transportation in Billings for Native Americans with 24 hours notice

• Laurel Transportation Program (see Adult Resource Alliance above)

• Medicaid Transportation Program----------------------------------------- (800) 292.7114
  Provides or pays mileage for medical appointments. Must be on Medicaid - Call 24 hours in advance

• MET Billings City Bus------------------------------------------------------ (406) 657.8218
  Most buses are lift equipped.

• MET Special Transit-------------------------------------------------------- (406) 248.8805
  Wheelchair equipped van transportation. Call a day ahead to make arrangements.

• Yellow Cab----------------------------------------------------------------- (406) 245.3033
Senior Housing Options

Adult Foster Care Homes

Call The Resource Center for listing -- (406) 259.5212

Assisted Living – Billings

- **Aspen Meadows Assisted Living**
  3155 Avenue C, Billings 59102
  (406) 656.8818

- **Autumn Care I**
  4739 Rimrock Rd., Billings 59102
  (406) 656.2434

- **Autumn Springs Assisted Living**
  3758 Avenue B, Billings 59102
  (406) 656.0422

- **Bear Lodge**
  659 Lincoln Ln., Billings 59105
  (406) 254.2851

- **Bill’s Assisted Living** (doing business as Casmur Assisted Living)
  930 Avenue E, Billings 59102
  (406) 534.4585

- **Butterfly Homes I**
  77 Lily of the Valley Circle, Billings 59105
  (406) 245.0334

- **Butterfly Homes II**
  72 Lily of the Valley Circle, Billings 59105
  (406) 252.0747

- **Chapel Court Assisted Living at St. John’s United**
  3940 Rimrock Rd., Billings 59102
  (406) 655.5600

- **Edgewood Vista**
  1225 Wicks Ln., Billings 59105
  (406) 256.5398

- **Highgate Senior Living**
  3980 Parkhill Dr., Billings 59102
  (406) 651.4833

- **Langemo Cottage at St. John’s United**
  2625 Shiloh Rd., Billings 59102
  (406) 655.5639
Senior Housing Options continued…

Assisted Living – Billings

- **Lasting Legacy Assisted Living** ----------------------------------------------- (406) 601.1070
  1630 Inverness Dr., Billings 59105

- **Lasting Legacy Assisted Living** ----------------------------------------------- (406) 534.8770
  1636 Inverness Dr., Billings 59105

- **Moorberg Cottage at St. John’s United** ----------------------------------------- (406) 655.5600
  2621 Shiloh Rd., Billings 59102

- **MorningStar of Billings** (formerly Bonaventure of Billings) ------------------ (406) 652.9303
  4001 Bell Ave., Billings 59106

- **Myrtle Group Home** ------------------------------------------------------------- (406) 651.8082

- **Powers Cottage at St. John’s United** -------------------------------------------- (406) 655.7740
  2506 Mission Circle, Billings 59102

- **Primrose Personal Care Home I** ----------------------------------------------- (406) 248.9943
  1228 Maurine St., Billings 59105

- **Primrose Personal Care Home II** ----------------------------------------------- (406) 256.0168
  106 Erickson Ct. N., Billings 59105

- **River Ridge Assisted Living at Eagle Cliff Manor** ----------------------------- (406) 245.9330
  1415 Yellowstone River Rd., Billings 59105

- **St. John’s United Cottages** -------------------------------------------------------- (406) 655.5600
  3940 Rimrock Rd., Billings 59102

- **Sweetwater Retirement & Assisted Living Community** --------------------------- (406) 651.8111
  3140 Sweet Water Dr., Billings 59102

- **Tender Nest LLC I** -------------------------------------------------------------- (406) 655.9100
  4001 Parkhill Dr., Billings 59102

- **Tender Nest LLC II** -------------------------------------------------------------- (406) 655.9100
  4003 Parkhill Dr., Billings 59102
Senior Housing Options continued…

Assisted Living – Billings

- **Tender Nest LLC III**
  4005 Parkhill Dr., Billings 59102
  - (406) 655.9100

- **Tender Nest LLC IV, V & VI**
  4040 Parkhill Dr., Billings 59102
  - (406) 655.9105

- **The Legacy Assisted Living**
  810 Wicks Lane, Billings 59105
  - (406) 252.0042 or (406) 861.2090

- **The Springs at Grand Park** (formerly Vintage Suites)
  1221 28th St. W., Billings 59102
  - (406) 652.6989

- **The Vista at Mission Ridge**
  3840 Rimrock Rd., Billings 59102
  - (406) 655.5300

- **West Park Village Senior Living Residence**
  2351 Solomon Ave., Billings 59102
  - (406) 652.4886

- **WyndStone’s Meadowlark Landing**
  1920 WyndStone Way, Billings 59105
  - (406) 655.7700

Assisted Living – Laurel

- **Tender Nest #1**
  120 W. 12th St., Laurel 59044
  - (406) 628.7500

- **Tender Nest #2**
  118 W. 12th St., Laurel 59044
  - (406) 628.7300

- **The Crossings at Brown’s Landing**
  600 Roundhouse Dr., Laurel 59044
  - (406) 628.1200
Senior Housing Options continued…

Nursing Homes – Billings

- **Aspen Meadows Retirement Community**-----------------------------------------------(406) 656.8818
  3155 Avenue C, Billings 59102

- **Avantara Billings** (formerly Billings Health and Rehabilitation Community)-----(406) 655.6500
  2115 Central Ave, Billings 59102 – Has special care unit for memory impairment

- **Bella Terra Billings** (formerly Valley Health Care Center)--------------------------(406) 656.5010
  1807 24th St. W., Billings 59102

- **Eagle Cliff Healthcare Community**-----------------------------------------------(406) 245.9330
  1415 Yellowstone River Road, Billings 59105 – Has special care unit for memory impairment

- **Parkview Convalescent Center**--------------------------------------------------(406) 259.8000
  600 S. 27th St., Billings 59101

- **St. John’s United + 5 Skilled Cottages**------------------------------------------(406) 655.5600
  3940 Rimrock Rd., Billings 59102 – Has special care unit for memory impairment

- **St. John’s United Transitional Care Unit**----------------------------------------(406) 655.7750
  2227 Mission Way, Billings 59102

Nursing Home – Laurel

- **Laurel Health & Rehabilitation Center**------------------------------------------(406) 628.8251
  820 - 3rd Ave., Laurel 59044

Special Care Units

- **Canyon Creek Memory Care Community**------------------------------------------(406) 281.8455
  1785 Majestic Lane, Billings 59102
  Website: canyoncreekmontana.com

- **Edgewood Vista** (Alzheimer’s only)------------------------------------------(406) 256.5398
  1225 Wicks Ln., Billings 59105

- **The Springs at Grand Park**---------------------------------------------------(406) 652.6989
  1221 28th St. W., Billings 59102 – Has special care unit for memory impairment
Senior Housing Options continued…

Special Care Units continued…

- **MorningStar Senior Living**  
  4001 Bell Avenue, Billings 59106 – Has special care unit for memory impairment  
  (406) 652.9303

- **Richardson Cottage**  
  602 Round House Dr., Laurel 59044 – Has special care unit for memory impairment  
  (406) 628.5000

- **St. John’s United Memory Cottages**  
  3940 Rimrock Rd., Billings 59102 – Has special care unit for memory impairment  
  (406) 655.5600

- **Tender Nest**  
  4001 Parkhill Dr., Billings 59102  
  120 W. 12th St., Laurel 59044  
  (406) 655.9100  
  (406) 628.7500

- **The Cottage at Highgate**  
  3980 Parkhill Dr., Billings 59102 – Has special care unit for memory impairment  
  (406) 651.4833

- **WyndStone’s Novak Cottage** (Memory Support & Assisted Living)  
  1920 WyndStone Way, Billings 59105  
  (406) 655.7700

Retirement Communities - Billings

- **Affinity at Billings**  
  4215 Montana Sapphire Drive, Billings 59106  
  (406) 245.4295

- **Aspen Grove**  
  262 Wicks Lane, Billings 59105  
  (406) 281.8329

- **Aspen View**  
  3075 Avenue C, Billings 59102 - Special veterans programs available  
  www.aspenview.net  
  (406) 652.7788

- **Central Court Village**  
  78 - 27th St. W., Billings 59102  
  (406) 656.2817

- **Fraser Tower**  
  715 S. 28th St., Billings 59101  
  (406) 252.3311

- **Highgate Senior Living**  
  3980 Parkhill Dr., Billings 59102  
  Website: www.highgateseniorliving.com  
  (406) 651.4833
Senior Housing Options continued…

Retirement Communities - Billings continued…

- **Magic City Terraces**                          (406) 248.9117
  1439 Main St., Billings 59105

- **Mission Ridge**                               (406) 655.5200
  3840 Rimrock Rd., Billings 59102
  Website: www.sjlm.org/housing_options.html

- **MorningStar Senior Living**                    (406) 652.9303
  4001 Bell Avenue, Billings 59106

- **Pleasant View Apartments**                     (406) 248.4411
  825 & 833 Avenue D, Billings 59102

- **Prairie Tower**                                (406) 248.3377
  725 N. 25th St., Billings 59101

- **Sage Tower**                                   (406) 248.1060
  115 N. 24th St., Billings 59101

- **South Forty**                                  (406) 656.3950
  825 & 833 Avenue D, Billings 59102

- **Starner Gardens**                              (406) 534.8888
  230 Starner Ln., Billings 59105

- **Sweetwater Retirement & Assisted Living Community** (406) 651.8111
  3140 Sweet Water Dr., Billings 59102

- **West Park Village Senior Living Community**    (406) 652.4886
  2351 Solomon Ave., Billings 59102

- **WyndStone**                                    (406) 655.7700
  1920 WyndStone Way, Billings 59105

Retirement Communities - Laurel

- **Frontier Community**                           (406) 628.1900
  707 W. Main, Laurel 59044
Senior Housing Options continued…

Retirement Communities - Laurel continued…

• **Laurel Gardens**-----------------------------------------------(406) 628.8129
  315 8th Ave. S., Laurel 59044

• **Laurel Apartments**------------------------------------------(406) 245.9998
  421 Yellowstone, Laurel 59044

• **Spruce Grove**-----------------------------------------------(406) 656.9567
  712 8th Ave. W., Laurel 59044

• **The Crossings**-----------------------------------------------(406) 628.1200
  600 Roundhouse Dr., Laurel 59044

**Transitional Living**

• **Transitional Care Cottage at St. John’s United**----------(406) 655.7750

• **Transitional Care Unit at St. Vincent’s Healthcare**-------(406) 237.7000

• **Transitional Living Center at Aspen Meadows**-----------(406) 656.8818

• **Transitional Living Unit at Laurel Health and Rehab**----(406) 628.8251
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