

# JANUARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 Sweet & Sour Chicken with Rice Asian Blend Vegetables Diced Pears Chocolate Pudding with Topping	3 Mac & Cheese with Ham Harvard Beets Pink Lady Apple Raspberry Bar	4 Three Cheese Quiche Potatoes O' Brien Mixed Fruit Caramel Roll with Nuts	5 Spanish Meatballs Cilantro Lime Rice Mexi-Corn Catalina Frito Salad Margarita Cake
8 Polish Dog with Sauerkraut Loaded Mashed Potatoes Vegetable Cookie	9 <b>GF</b> Spaghetti with Meat Sauce Garlic Bread Tossed Salad Green Beans Fruit	10 	11 Cheeseburger with Pickles & Onions Baked Beans Pasta Salad Ice Cream Sundae	12 Oven Roasted Bone in Chicken Mashed Potatoes with Gravy Vegetables Sliced Peaches Magic Bar
15  <b>Sorry we're CLOSED</b>	16 Chinese Vegetable Steak over Rice Egg Roll with Sauce Fruit Chocolate Chip Toffee Cookie	17 Chicken & Dumplings Buttered Peas Pineapple with Coconut Orange Pumpkin Mousse	18 Cinnamon Apple Pork Chop Stuffing with Cranberries Green Beans Blueberry Whip	19 Salisbury Steak in Gravy Parmesan Mashed Potatoes Vegetables Fruit Salad Chocolate Cake <b>SP Birthday</b>
22 Pizza Casserole Garlic Bread Steamed Broccoli Pears Tapioca Pudding with Topping	23 Lemon Pepper Cod Tartar Sauce & Lemon Wedge Potato Supreme Garden Salad Lemon Bar	24 Biscuit & Gravy Casserole Tomato Wedges Cinnamon Apples Yogurt with Granola	25 <b>GF</b> Black Bean Chili with Cheese & Sour Cream Frito's Banana Chocolate Brownie	26 Creamy Spinach ~ Artichoke Chicken Rice Pilaf Sunshine Carrots Caeser Salad Cake <b>Alliance, BCC, Hts, &amp; Laurel B-Day</b>
29 Chicken Strips with Sauce Jo Jo's Pea & Cheese Salad Rainbow Sherbet	30 Taco Lasagna Corn on the Cob Mexi-Slaw Fruit Crisp with Topping	31 Beef Stew with a Biscuit Pickled Beets Mandarin Oranges Avalanche Bar	1 Turkey Divan with Cranberries Sweet Potatoes Green Beans Fruit	2 Country Fried Steak with Gravy Mashed Potatoes Crinkle Cut Carrots Sliced Pears Jell-O with Topping

\*Menu Subject to Change

Ave D, BCC, & Westend..... 406-259-9666  
 Billings Heights Meal Site..... 406-606-1170  
 South Side Senior Center..... 406-256-6413  
 Laurel Senior Center ..... 406-628-7571  
 Meals on Wheels:..... 406-259-9666

- ☛ A requested donation of \$5.00 per meal for adults 60 and above.
- ☛ Under 60 charge is \$7.00.
- ☛ Menu is subject to change
- ☛ GF = Gluten Free on Request

**MEAL SITE RESERVATIONS  
must be made by Noon,  
at least 1 business day  
in advance.**

# FEBRUARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Chicken Strips with Sauce Jo Jo's Pea & Cheese Salad Rainbow Sherbet	30 Taco Lasagna Corn on the Cob Mexi~Slaw Fruit Crisp with Topping	31 Beef Stew with a Biscuit Pickled Beets Mandarin Oranges Avalanche Bar	1 Turkey Divan Sweet Potatoes Cranberries Green Beans Fruit	2 Country Fried Steak with Gravy Mashed Potatoes Crinkle Cut Carrots Sliced Pears Jell-O with Topping
5 Orange Chicken White Rice Asian Blend Veg. Fruit Cocktail Tapioca Pudding	6 <b>GF</b> BBQ Pork Sandwich Baked Beans Creamy Coleslaw Tropical Fruit	7 	8 Chicken Burrito Bowl Tortilla Chips with Queso Dip Sopapilla Bar	9 Meatloaf with Gravy Mac & Cheese Peas Peaches Scotch-a-Roo Bar
12 Cheeseburger with Pickles & Onions Chips Fruit Strawberry Ice Cream	13 Tater Tot Casserole Corn on the Cob Tossed Salad with Beans Sliced Pears	14 <b>Valentine's Day</b> Chicken Cordon Bleu with Hollandaise Sauce Garlic Parmesan Mashed Potatoes Fruit / Roll Raspberry Zinger Cake	15 Fish & Chips with Tartar Sauce Lemon Wedge Stewed Tomatoes Brownie	16 Swiss Steak Scalloped Potatoes Sunshine Carrots Bacon Cauliflower Salad Carrot Cake  <b>SP Birthday</b>
19 	20 Meat Pizza Chicken Wings with BBQ Sauce Celery Sticks Ice Cream Bar	21 Cowboy Beans with Cornbread Pickled Beets Garden Salad Pink Lady Apple	22 <b>GF</b> Chicken Cacciatore Wild Rice Creamed Peas Nutty Cheesecake Bar	23 Hot Hamburger Sandwich Mashed Potatoes Cascade Vegetables Waldorf Salad Cake <b>Alliance, BCC, Hts, &amp; Laurel Birthday</b>
26 Pork Chow Mein over Rice Egg Roll with Sauce Oriental Coleslaw Ice Cream	27 Beef Stroganoff Noodles Green Beans Lemon Artichoke ~ Romaine Salad Fruit	28 Cheesy Ham & Hash Brown Casserole Cinnamon Apples Yogurt Peanut Butter & Jelly Bar	29 Parmesan Chicken Buttered Noodles Vegetable Pears Pistachio Salad	1 Sweet & Sour Meatballs Rice Steamed Broccoli Peaches S'mores Bar

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- For Meal Sites serving time and locations please visit Our Community section

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