

JULY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Country Fried Steak with Gravy Mashed Potatoes Vegetable Cookie	2 Cheeseburger with Pickles & Onions Chips Banana Magic Bar	3 Chicken Strips with Ranch Jo Jo's Mixed Fruit Pudding	4 	5 
8 BBQ Chicken Breast Wild Rice Vegetable Cookie	9 Beef Chow Mein over Rice Asian Blend Vegetables Mandarin Spinach Salad Pudding	10 	11 Crispy Chicken Salad with Cheese, Tomato Wedge, Boiled Egg & Ranch/ Roll Grape Salad Ranger Cookie	12 Hawaiian Meatloaf Baked Potato with Butter and Sour Cream Green Beans Tropical Fruit Rice Krispy Treat
15 Turkey Tetrazzini Garlic Bread Vegetable Caesar Salad Peaches	16 Polish Dog on a Bun Sauerkraut Baked Beans Chips Ice Cream	17 Minestrone Soup Tuna Salad on a Hoagie Roll Fresh Pear Chocolate Brownie	18 Salad Bar Day Cranberry Turkey Salad with Pecans, Tomato Cucumber Salad Dinner Roll Pineapple Coleslaw Fudge Bar	19 Country Fried Chicken with Gravy Mashed Potatoes Crinkle Cut Carrots Ambrosia Salad Chocolate Cake with Peanut Butter Frosting
22 Chicken Carbonara Vegetable Garlic Bread Tossed Salad with Beans Cookie	23 Fish & Side Winders with Tartar Sauce Lemon Wedge Buttered Peas Watermelon	24 White Chicken Chili with Tortilla Strips, Cheese, & Sour Cream Garden Salad Fresh Orange Zucchini Bar	25 Spaghetti with Meat Sauce Garlic Bread Green Beans Fruit Blueberry Whip WE Birthday	26 Swedish Meatballs Mashed Potatoes with Gravy Buttered Carrots Broccoli Salad Cake Alliance, Hts, BCC, & Laurel Birthday
29 Sweet & Sour Pork White Rice Egg Roll Sliced Pears Pudding with Topping	30 Paris Summer Olympics French Dip with Au Jus French Fries Confetti Salad Chocolate Mousse	31 Beef Nachos with Black Olives, Tomatoes, Green Onions, Salsa & Sour Cream Fruit Salad Mexican Wedding Cake	1 Brat on a Bun with Sauerkraut Corn on the Cob Potato Salad Ice Cream Bar	2 Salisbury Steak with Gravy Baked Potato Butter & Sour Cream Vegetable Fruit Turtle Bar

*Menu Subject to Change

Ave D, BCC, & Westend..... 406-259-9666
Billings Heights Meal Site..... 406-606-1170
South Side Senior Center..... 406-256-6413
Laurel Senior Center 406-628-7571
Meals on Wheels:..... 406-259-9666

- ☛ A requested donation of \$5.00 per meal for adults 60 and above.
- ☛ Under 60 charge is \$7.00.
- ☛ Menu is subject to change
- ☛ GF = Gluten Free on Request

**MEAL SITE RESERVATIONS
must be made by Noon,
at least 1 business day
in advance.**