

OCTOBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Beef & Mushrooms over Mashed Potatoes Green Beans Pears Pudding	1 Sloppy Joe Montana Fair ~ Beans Chips Orange Wedges	2 Tennessee Pride Casserole Scrambled Eggs with Cheese Tropical Fruit Scone	3 Chicken Florentine Buttered Noodles Crinkle Cut Carrots Caeser Salad Cookie	4 Pork Chop with Apples Stuffing Broccoli Coleslaw Pumpkin Bar
7 Chicken Fried Chicken with Gravy Mashed Potatoes Capri Veggie Fruit	8 GF Beef & Broccoli over Rice Pot Stickers Pears Cookie	9 Ham & Scalloped Potatoes Peas Spinach Salad Blonde Brownie	10 Chicken Alfredo with Noodles Vegetable Garlic Bread Fruit Black Forrest Cake	11 Oktoberfest Cabbage Roll Casserole Cheesy Mashed Potatoes Sunshine Carrots Dill Cucumber Salad / Roll German Chocolate Brownie
14  Sorry we're CLOSED	15 Rodeo Cheeseburger with BBQ Sauce, French Fried Onions & Cheese Pickle Spear Chips Pears Cherry Whip	16 Sweet & Sour Chicken Sticky Rice Egg Roll Asian Broccoli ~ Salad Fruit	17 Hot Turkey Sandwich with Mashed Potatoes and Gravy Sunshine Carrots Cowboy Cookie	18 Smothered Burrito with Salsa & SC Spanish Rice Corn Mixed Fruit Applesauce Cake
21 Tatar Tot Casserole Vegetable Pineapple Chunks with Coconut Chocolate Pudding	22 Lemon Dill Cod with Tartar Sauce Wild Rice Stewed Tomatoes Cookie	23 Swedish Meatballs Pierogis Mixed Vegetable Pistachio Salad	24 Lemon Chicken Orzo Pasta Green Beans Garden Salad Fruit WE Birthday	25 Country Fried Steak with Gravy Mashed Potatoes Corn Waldorf Salad Cake Alliance, Laurel, Hts, & BCC B-Day
28 Chili Dog on a Bun with Cheese & Onions Frito's Creamy Coleslaw Ice Cream Sundae	29 Beefy Mexican Casserole Corn Cinnamon Apples Carmelita Bar	30 BBQ Pulled Pork Sandwich Chips Mediterranean ~ Pasta Salad Fruit	31 Halloween Beef Stew with Biscuit Pickled Beets Ghost Grubb (Fruit Cup) Dirt Bucket Cups	1 Hawaiian Meatloaf Parmesan Mashed Potatoes Buttered Peas Brocc. Salad Pineapple Upside Down Cake

*Menu Subject to Change

Ave D, BCC, & Westend..... 406-259-9666
 Billings Heights Meal Site..... 406-606-1170
 South Side Senior Center..... 406-256-6413
 Laurel Senior Center 406-628-7571
 Meals on Wheels:..... 406-259-9666

- A requested donation of \$5.00 per meal for adults 60 and above.
- Under 60 charge is \$7.00.
- For Meal Sites serving time and locations please visit Our Community section

**MEAL SITE RESERVATIONS
must be made by Noon,
at least 1 business day
in advance.**