NOVEMBER **MENU**

Nutrition Program Director: Lorri

Cooks: Jami, Mary, Winter, Allison, Amy and Philip

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Chili Dog on a Bun with Cheese & Onions Frito's Creamy Coleslaw Ice Cream Sundae	29 Beefy Mexican Casserole Corn Cinnamon Apples Carmelita Bar	30 BBQ Pulled Pork Sandwich Green Beans Mediterranean Pasta Salad Fruit	31 Halloween Beef Stew with Biscuit Pickled Beets Ghost Grubb (Fruit Cup) Dirt Bucket Cups	1 Hawaiian Meatloaf Parmesan Mashed Potatoes Buttered Peas Broccoli Salad Pineapple Upside Down Cake
4 Spaghetti with Meat Sauce Garlic Bread Green Beans Tossed Salad with Beans Peaches	5 French Toast Bake Sausage Links Orange Wedges Raspberry Bar	6 Ham & Scalloped Potatoes Steamed Broccoli Waldorf Salad Frozen Treat	7 GF Orange Chicken over Rice Asian Blend Vegetables Sliced Pears Cookie	8 Country Fried Steak with Gravy Mashed Potatoes Carrot Coins Calico Coleslaw Chocolate Cake
Taco Salad with Cheese, Tomatoes, Salsa & Sour Cream Dorito's Fruit Cookie	12 Chicken Strips Mac & Cheese Peas Pink Lady Apple	13 French Onion Beef & Noodles Carrots Waldorf Salad Cake	14 Cabbage Roll Casserole Pickled Beets Fruit Cocktail Pudding	15 Baked Ham Au Gratin Potatoes Green Beans Coleslaw with Pineapple Cherry Crisp
18 Bacon Cheeseburger Casserole Steamed Broccoli Banana Strawberry Ice Cream	19 GF Mushroom Steak with Gravy Mashed Potatoes Buttered Corn Ambrosia Salad	20 Polish Dog on a Bun with Sauerkraut Side Winders Applesauce Cookie	21 Chinese Vegetable Steak White Rice Egg Roll Oriental Coleslaw WE Thanksgiving Dinner	22 Thanksgiving Dinner Roasted Turkey with Gravy Mashed Potatoes Traditional Stuffing Cranberries / Roll Green Bean Casserole Pumpkin Crunch Cake
25 Fish & Chips with Tartar Sauce & Lemon Wedge Coleslaw with Apples Pudding	26 Crispy Chicken Sandwich with Cheese and Lettuce Sliced Pears Sweet Potato Fries Chocolate Brownie	27 Cowboy Beans Cornbread Sunshine Carrots Orange Cookie	Sorry we're CLOSED	Sorry we're CLOSED

*Menu Subject To Change, Milk Included With Each Meal

Ave D, BCC, & Westend	406-259-9666
Billings Heights Meal Site	
South Side Senior Center	406-256-6413
Laurel Senior Center	406-628-7571
Meals on Wheels:	406-259-9666

- meal for adults 60 and above.
- Menu is subject to change
- GF = Gluten Free on Request

MEAL SITE RESERVATIONS must be made by Noon, at least 1 business day in advance.