JANUARY MENU

Nutrition Program
Director: Lorri

Cooks: Jami, Mary, Winter, Allison, and Amy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Three Cheese Quiche Sausage Links Tropical Fruit Blueberry Whip	31 Lemon Dill Cod Loaded Mashed ~ Potatoes Stewed Tomatoes Cookie	Sorry we're CLOSED	2 Crispy Chicken Sandwich with lettuce & Tomato Jo Jo's Apple Cookie	3 Country Fried Steak with Gravy Mashed Potatoes Buttered Corn Peaches Zucchini Bar
6 Cheeseburger with Pickles & Onions Baked Beans Chips Peanut Butter ~ Cookie	7 GF Sweet & Sour Chicken over Rice Asian Blend Veg. Chinese Cashew ~ Salad Orange Wedges	8 Polish Dog on a Bun Mac & Cheese Green Beans Pears Chocolate Pudding	9 Taco Lasagna Corn on the Cob Mexi~Slaw Fruit Crisp with Topping	10 Oven Roasted Chicken Orzo Rice & Peas Vegetable Mixed Fruit Magic Bar
13 Pork Chow Mein Brown Rice Egg Roll with Sauce Sliced Peaches Strawberry ~ Ice Cream	14 Cowboy Beans with Corn Bread Buttered Corn Apple Snickerdoodle Cookie	15 Open Faced ~ Meatloaf Sandwich with Gravy Mashed Potatoes Country Trio Veg. Banana Bar	16 Fish & Chips Tartar Sauce Lemon Wedge Chickpea Salad Lemony Fruit Salad	17 Turkey Divan with Cranberries Sweet Mashed ~ Potatoes Peas & Carrots Tropical Fruit Chocolate Cake with Peanut Butter Frosting
Sorry we're CLOSED	21 Turkey Ala King Buttered Biscuit Harvard Beets Apricots Butterscotch Pudding with Topping	22 Shepherd's Pie Winter Blend Veg. Garden Salad Pineapple/Mandarin Orange Cup	23 GF Chicken Fried Chicken with Gravy Mashed Potatoes Crinkle Carrots Chocolate Brownie WE Birthday	24 Swiss Steak Wild Rice Green Beans Sliced Pears Cake Alliance, Hts, BCC, & Laurel Birthday
27 Beef & Mushrooms over Mashed Potatoes Steamed Broccoli Peaches Rainbow Sherbet	28 Tuna Casserole Peas & Carrots Pineapple Chunks with Coconut Orange Pumpkin Mousse	29 Black Bean Chili with Cheese, Onions, & Sour Cream Frito's Banana Carmel Roll	30 Chicken Thigh with Spanish Rice Seasoned Corn Ambrosia Salad Cowboy Cookie	31 Pork Roast with Stuffing & Gravy Harvard Beets Diced Pears Blueberry Dump Cake

^{*}Menu subject to change. Milk available on request.

Ave D, BCC, & Westend406-259-9666
Billings Heights Meal Site 406-606-1170
South Side Senior Center 406-256-6413
Laurel Senior Center 406-628-7571
Meals on Wheels:406-259-9666

- A requested donation of \$6.00 per meal for adults 60 and above.
- ◆ Under 60 charge is \$8.00.
- Menu is subject to change
- GF = Gluten Free on Request

MEAL SITE RESERVATIONS must be made by Noon, at least 1 business day in advance.