## FEBRUARY **MENU**

Nutrition Program
Director: Lorri

Cooks: Jami, Mary, Winter, Allison, and Amy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Strips with Honey Mustard Side Winders Pea & Cheese Salad Ice Cream Sandwich	4 Beef Stew with a Biscuit Corn on the Cob Apple Rice Krispy Bar	5 Turkey Primavera Noodles Harvard Beets Ceaser Salad Banana	6 Cheeseburger with Onions & Pickles Chips Pears Ranger Cookie	7 Chicken Parmesan Rice Pilaf Steamed Broccoli Sliced Peaches Jell-O Cake
10 Cheesy Ham & Hash Brown Casserole Boiled Egg Fruit Cocktail Yogurt with Granola	11 GF Chinese Vegetable Steak White Rice Asian Blend Veg Oriental Coleslaw Orange Wedges	12 Smothered ~ Mushroom Pork Chop Wild Rice Apricots Snickerdoodle Cookie	13 Tator Tot Casserole Crinkle Cut Carrots Garden Salad Raspberry Bar	14 Chicken Cordon Bleu with Hollandaise Sauce Potatoes Supreme Mixed Vegetable Dinner Roll Cherry Cheesecake
Jorry we're CLOSED	18 Country Fried Steak with Gravy Mashed Potatoes Buttered Corn Pears	19 Lemon Peppered Tilapia with tartar Sauce Garden Rice Stewed Tomatoes Lemony Blueberry Salad	20 Cheese Ravioli with Alfredo Sauce Garlic Bread Steamed Broccoli Ceasar Salad Cherry Pie Bar	21 BBQ Meatballs Au Gratin Potatoes Buttered Peas Tropical Fruit Chocolate Cake
24 Stroganoff over Noodles Mixed Vegetables Orange Jell-O ~ Salad Pineapple with Coconut	25 Beef Enchilada with Salsa & Sour Cream Mexi~Corn Fruit Cocktail Churro	26 Sweet & Sour Pork White Rice Egg Roll Apple Tapioca Pudding	27 GF Hot Hamburger Sandwich Mashed Potatoes with Gravy Carrots Rosy Pear WE Birthday	28 Chicken Cacciatore Wild Rice Green Beans Spinach Salad Cake Alliance, Hts, BCC, & Laurel Birthday
3 Crispy Chicken Sandwich with Lettuce & Tomato Baked Beans Peaches Sugar Cookie	4 Spaghetti with Meat Sauce Garlic Bread Normandy Veg. Tossed Salad Ice Cream	5 Cowboy Beans with Cornbread Carrots Broccoli Salad Mandarin Oranges	6 Tennessee Pride Casserole Green Beans Tropical Fruit Peanut Butter Bar	7 Salisbury Steak Mashed Potatoes with Gravy Peas Sliced Pears Lemon Cake

\*Menu subject to change. Milk available on request.

Ave D, BCC, & Westend	406-259-9666
Billings Heights Meal Site	
South Side Senior Center	406-256-6413
Laurel Senior Center	406-628-7571
Meals on Wheels:	406-259-9666

A requested donation of \$6.00 per meal for adults 60 and above.

MEAL SITE RESERVATIONS must be made by Noon, at least 1 business day in advance.

For Meal Sites serving time and locations please visit Our Community section