## MARCH **MENU**

**Nutrition Program** Director: Lorri

Cooks: Jami, Mary, Winter, Allison, Amy and Adrianne

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Crispy Chicken Sandwich with Lettuce & Tomato Baked Beans Peaches Sugar Cookie	4 Spaghetti with Meat Sauce Garlic Bread Normandy Veg. Ceasar Salad Ice Cream	5 Cowboy Beans with Corn Bread Carrots Broccoli Salad Mandarin Oranges	6 Tennessee Pride Casserole Green Beans Tropical Fruit Peanut Butter Bar	7 Salisbury Steak Mashed Potatoes With Gravy Peas Sliced Pears Lemon Cake
10 Sloppy Joe Jo Jo's Mixed Vegetables Cookie Fruit Salad	11 GF Chicken Fried Chicken with Gravy Mashed Potatoes Peas & Carrots Apple	12 Fish Taco with Purple Cabbage Cilantro Lime Rice Mexi~Corn Chocolate Brownie	13 Pork Chow Mein over Rice Asian Blend Veg. Peaches Pudding	14 St. Patrick's Day Corn Beef & Cabbage Oven Roasted Potatoes Carrots Pistachio Salad Grasshopper Pie
17 Banger & Mashed Potatoes with Gravy Buttered Peas Choc. Chip Mint ~ Ice Cream Bar	18 Beef Burrito with Salsa & Sour Cream Spanish Rice Cinn. Apple Slices Sopapilla Bar	19 Loaded Baked Potato with Chicken, Cheese Sauce, Green Onions, Bacon Bits, & Sour Cream Winter Blend Veg. Tossed Salad with Red Beans Fruit	20 Turkey Supreme with Cranberries Green Beans Orange Wedges Pumpkin Crisp	21 Bacon ~ Cheeseburger Chips Baked Beans Mixed Fruit Blonde Brownie
24 Beef & Broccoli Brown Rice Egg Roll with Sauce Oriental Slaw Pudding with Topping	25 Stuffed Bell Pepper Casserole Buttered Corn Apricots Banana Cookie	26 Creamed Chicken over Biscuit Harvard Beets Garden Salad Chocolate Ice Cream	27 GF Baked Ham Scalloped Potatoes Peas Pineapple with Coconut  WE Birthday	28 Swedish Meatballs Mashed Potatoes with Gravy Green Beans Sliced Peaches Cake Alliance, Hts, BCC, & Laurel Birthday
31 Biscuit & Sausage Gravy Scrambled Eggs with Cheese Potatoes O' Brien Tropical Fruit	1 Beef Nachos with Cheese Sauce Black Olives, Diced Tomatoes, Salsa & Sour Cream Refried Beans Fruit Butterscotch Bar	2 Chicken Strips with Ranch Mac & Cheese BBQ Green Beans Cookie	3 Garlic Buttered ~ Tilapia with Tartar Sauce & Lemon Wedge Wild Rice Stewed Tomatoes Banana Crumb ~ Cake	Pork Roast with Sauerkraut Sweet Potato Cass. Buttered Corn Ambrosia Salad Rice Krispy Treat

<sup>\*</sup>Menu subject to change. Milk available on request.

Ave D, BCC, & Westend	406-259-9666
Billings Heights Meal Site	406-606-1170
South Side Senior Center	406-256-6413
Laurel Senior Center	406-628-7571
Meals on Wheels:	406-259-9666

meal for adults 60 and above.

**MEAL SITE RESERVATIONS** must be made by Noon, at least 1 business day in advance.

**<sup>☞</sup>** Under 60 charge is \$8.00.

Menu is subject to change

GF = Gluten Free on Request