APRIL MENU

Nutrition Program
Director: Lorri

Cooks: Jami, Mary, Winter, Allison, Amy and Adrianne

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
31 Biscuit & Sausage Gravy Scrambled Eggs with Cheese Potatoes O' Brien Tropical Fruit	1 Beef Nachos with Cheese Sauce Black Olives, Diced Tomatoes, Salsa, & Sour Cream Refried Beans Fruit Butterscotch Bar	2 Chicken Strips with Ranch Mac & Cheese BBQ Green Beans Cookie	3 Garlic Buttered ~ Tilapia with Tartar Sauce & Lemon Wedge Wild Rice Stewed Tomatoes Banana Crumb ~ Cake	Pork Roast with Sauerkraut Sweet Potato Cass. Buttered Corn Ambrosia Salad Rice Krisy Treat	
7 Rigatoni with Meat Sauce Garlic Bread Cascade Blend Veg. Tossed Salad with Red Beans Fruit	8 GF Chicken Alfredo with Noodles Steamed Broccoli Sliced Peaches Cookie	9 Tatar Tot Casserole Crinkle Cut Carrots Fruit Cocktail Carmel Apple ~ Dump Cake	10 West End Easter Menu >>> Hot Turkey ~ Sandwich with Gravy Mashed Potatoes Green Beans ~ Almandine Fruit Fluff	11 Easter Dinner Baked Honey Ham Cheesy Scalloped Potatoes Long Green Beans Broccoli Blueberry Salad Carrot Cake Bar	
14 Beef Taco with Soft Shell, Lettuce, Tomato, Cheese, Salsa & Sour Cream Mexi~Corn Applesauce Cookie	15 Chicken Stir Fry over Rice Pot Stickers Pears Fortune Cookie	16 Pizza Casserole Bread Stick Buttered Peas Fruit Chocolate Pudding	17 Cheeseburger Deluxe Side Winders Creamy Coleslaw Ice Cream	18 Swiss Steak with Sauce Wild Rice Cauliflower Pineapple & Mandarin Oranges Mississippi Mud Cake	
21 White Chicken Chili with Cheese, Sour cream & Tortilla Strips Pink Lady Apple Catalina Frito Salad Ice Cream	22 Lemon Pepper Cod with Tartar Sauce Baked Potato with Butter & Sour Cream Capri Veg. Lemon Bar	23 BBQ Pork ~ Sandwich Corn on the Cob Pasta Salad Banana	24 GF Beef Lasagna Garlic Bread Mixed Vegetable Garden Salad Fruit WE Birthday	25 Chicken Parmesan Buttered Noodles Vegetable Pineapple/Mandarin Orange Cup Cake Alliance, Hts, BCC, & Laurel Birthday	
28 Beef Stroganoff over Noodles Peas & Carrots Pears Pudding	29 Ham & Cheese Quiche Hash Brown Patty Tropical Fruit Scone	30 Minestrone Soup with Crackers Chicken Ceaser ~ Wrap Whole Orange Peanut Butter Bar	1 Sweet & Sour Chicken Asian Blend Veg. Oriental Coleslaw Cookie	2 Country Fried Steak with Gravy Mashed Potatoes Corn Peaches Jell-O Cake	

^{*}Menu subject to change. Milk available on request.

Ave D, BCC, & Westend	406-25	9-9666
Billings Heights Meal Site	406-60	6-1170
South Side Senior Center	406-25	6-6413
Laurel Senior Center	406-62	8-7571
Meals on Wheels:	406-25	9-9666

A requested donation of \$6.00 per meal for adults 60 and above.

MEAL SITE RESERVATIONS must be made by Noon, at least 1 business day in advance.

[☞] Under 60 charge is \$8.00.

For Meal Sites serving time and locations please visit Our Community section